

EGD Preparation Instructions

You must have someone available to drive you home after you procedure. Plan on spending 2 to 2 ½ hours at the facility.

Your EGD is scheduled on: _____

Check -In: _____ (Check-in time is subject to change)

Location: _____

One Week Before the EGD:

- Call our office for specific instructions if you take Plavix, Coumadin, or insulin.
- Discontinue taking blood thinners (such as Aspirin, Fish Oil, Vitamin C, Vitamin E, St. John's Wort) or NSAIDS (such as Ibuprofen, Aleve, Naproxen, Alka Seltzer, Excedrin) five days prior to your procedure.

Day of the EGD:

- Do not have any solid foods or milk products after midnight.
- You may have clear liquids until four hours prior to your check-in time, then nothing at all until after your exam. Clear liquids include water, soda, coffee without creamer, tea, broth, clear juices, Gatorade, Jello, and popsicles. Avoid anything with red or purple dye.
- Bring someone with you to drive you home. You will be given anesthesia during the procedure and will not be allowed to drive. If you do not have a driver, your exam may be cancelled or rescheduled.

If biopsies are taken during your colonoscopy, please allow 7-10 business days for results